

Race Instructions



Race Staff

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 For Emergencies 911

RULES

- When biking on roads, ride single file and to the side of the road. Obey all traffic rules.
- Stay off private property.
- Roads that are off limits on your bike are Telegraph. That includes the sidewalk along Telegraph.
- Must wear a buckled PFD at all times during the paddle. You will be disqualified for not doing this.
- Must wear a buckled helmet at all times during the bike. You will be disqualified for not doing this.
- Must punch passport at all CP's. It's your responsibility to punch at each CP and punch in the correct location. Must turn in an intact, laminated and legible passport at finish to be ranked.
- Notify race staff if you are leaving the race for any reason.
- Must be a ranked team to be eligible for prizes for top finishers. See required CP's listed below.
- To be entered in the bike raffle, you must complete the special event at ACF.
- Leave no trace policy – what you take in, you should take out.

Required checkpoint's to be ranked:

City Course	Paddle	Bike	O-courses Hawthorne & Galloway
CP's 1,2,3,4,5	CP's 7,8	CP's 12,13,15,16,20,21	CP's 10,11 18,19
Need 3	Need 1	Need 3	Need 2
All Manned CP's are required – CP6, CP9, CP14, CP17, CP22			

Start 8:00a.m.American Cycle & Fitness near registration tent – Start on foot. These CP's must be done on foot.

- CP1 – Fire hall bell
- CP2 – Mill Street Parking for Patrons – Find Free
- CP3 – Phoenix Plaza – GM Office Center Lobby – North Entrance
- CP4 – Chase Bank bldg. (open 9am – 2pm) Take stairs at entrance to enclosed staircase starting on 2nd floor. Follow the string to the checkpoint. NO ELEVATORS.
- CP5 – Clinton River

Special Event – Bike Tire Toss – make sure both teammates do this if you want a raffle ticket to win a bike.

Take SMART bus to Auburn Hills area from Phoenix Center. Bus stop is at corner of Saginaw & Water St. Take 753 at 8:20 or 9:20 to get as close to CP6 as possible. Run to canoe put-in across the street from 2350 Lake Angelus Lane.

CP6 Manned – Transition to canoe. Check in with volunteer. Take all your gear and gear bag with you in the canoe. On the canoe get the following CP's:

- CP7 – dead-end canal
- CP8 – marsh on edge of lake

CP9 Manned – Hawthorne Park - Check in with volunteer - Transition to foot. On foot get the following CP's:

- CP10 – east edge of lake
- CP11 – Rootstock

When finished go back to bike drop -Transition to Bike. On bike get the following CP's:

- CP12 – Thick brush near trail intersection
- CP13 – Stream at bottom of gully

Note: Recommended route after getting CP's 12 & 13 is to follow orange flagging tape out of back of park near CP12 to Columbia St.

- CP14 – South end of Jaycee Park – Manned CP and Gear Check – Check in with volunteer
- CP15 – Edge of pond near fence
- CP16 – Edge of swamp

CP17Manned – Galloway Park - Check in with volunteer - Transition to foot

Need to be here no later than 12:45pm – otherwise you will be sent back to ACF at that time

Get the following CP's at Galloway Park on foot:

- CP18 – Large cleared depression (man-made)
- CP19 – Near mouth of River

Go back to bike drop at Galloway Park - Transition to Bike. Get the following CP's on bike:

- CP20 – Drainage culvert

Note: recommended route is to return to Featherstone – take Opdyke to Auburn

Walk across railroad bridge at own risk

- CP21 – North of lake

CP22 Manned – American Cycle & Fitness registration tent - Check in with volunteer - Transition to foot

- City O-course (CP's 1-5 that you didn't get earlier).

Special Event – Bike Tire Toss – make sure both teammates do this if you want a raffle ticket to win a bike.

Finish – Back at American Cycle & Fitness at registration tent. The cut-off time is 2:00PM or 6 hours from the race start. If you finish after that time, you will be disqualified. At the finish, you must hand in your passport.

There will be a container at the finish for your raffle ticket to win a bicycle and to be entered in the general raffle. Make sure you split the ticket and place it in the container.

Hope you had a BLAST!!